



TENTATIVE AGENDA

Tuesday, April 9, 2019		
7:30 - 8:30	REGISTRATION AND NETWORKING BREAKFAST	
8:30 - 8:45	WELCOME	
08:45 - 10:00	KEYNOTE ADDRESS	Reclaiming Your Soul from Work: Making Choices to Honour Your Authentic Self
	Galaxy A-B	Spencer Niles, Dean of the School of Education, The College of William & Mary
		This keynote highlights the need to honour your authentic self within your career. The pace of living today and the pressure to cope with an increasingly complex career context make it easy to disconnect you from what you do (a soul-spirit disconnect). These disconnections can have disastrous effects on a person's life. It doesn't have to be this way, however. There are steps you can take to increase your soul-spirit connection in your life. Increasing the soul-spirit connection empowers you to live a life well-lived. The presentation can be applied to your own career reflection or your work with any client group.
10:00 - 10:30	NUTRITION BREAK	
10:30 - 11:45	SESSION 1	How do I take care of myself while I care for other people?
	Delta	Brenda Senger, Saskatchewan Medical Association
		The demands of our work can negatively impact our wellbeing - how do I stay healthy and navigate the challenges of my career? This session will increase your awareness of the risk factors in your work and yourself, the behaviors that may derail communication with those you serve and strategies for managing these challenges more effectively. You will understand what healthy professional boundaries are in your role. Hopefully you will embrace self-care strategies that promote wellbeing despite the demands of your career.
	SESSION 2	"Ready for Work" Resource & Update on the Young Worker Readiness Certificate Course
	Concorde	Brad Compton, Saskatchewan Workers' Compensation Board & Terry Gove, Labour Market Services
		The updated version of the Ready For Work teachers resource was launched at the end of 2018. This presentation will discuss the new resource for educators and career practitioners, along with why there is a focus on young worker safety in Saskatchewan in the first place. The new version of the Young Worker Readiness Certificate was introduced in September 2015. Since that time the course has issued over 29,000 certificates to youth across the province, as many schools now use the course to support their programs of instruction in career-work education, apprenticeship and other courses. This presentation will provide a description of recent improvements to the course, answer participants questions about how to use the course in your instruction and resolve technical issues when using the course.
	SESSION 3	Helping Bridge to a Life that Sparkles and Shines
	Hercules/Lancaster	Trina Maher, Bridging Concepts
		Everyone has the potential to lead a life that sits strong in the spirit of who they are called to be. As individuals travel through life, we each are meant to explore that gift, nurture it, and share it with humanity. Unfortunately, for some individuals that gift goes largely unopened and life becomes difficult. In this session learn some ways of how to connect with Indigenous learners/clients and use techniques that may be helpful to support them to find their career journey and lead a life of 'Sparkle & Shine'.
	SESSION 4	Success off the beaten path
	Viscount/Vanguard	TBA - Panel Discussion
11:45 - 1:00	LUNCH	

1:00 - 2:15	SESSION 1	Why A Almost Never Leads to B: The Realities of Modern Career Launch
	Delta	Tony Botelho, Simon Fraser University Career & Volunteer Services
		In this fun and engaging session, linear ways at looking at career planning and the perceived relationship between fields of study and career options will be questioned. The case will also be made that flexible mindsets, dynamic forms of planning, and the need to just do stuff are necessary given the nature of change that will occur in a student's university life (and beyond!). Time permitting, some humour and joviality might also be included.
	SESSION 2	Accommodating Mental Health in Small-to-Mid-Sized Enterprises
	Concorde	Y. Nichole Faller, University of Regina
		The intent of this session is to help employees within small- to mid-sized enterprises (SME) receive accommodations for mental health symptoms. Existing research has documented the benefits of receiving mental health accommodations, yet little is known about accommodations within SMEs. We are developing an online program to educate SME employees with depression and anxiety on the accommodations that are available to them, how to request an accommodation, and strategies for managing mental health concerns in the future. We will also be asking employees to describe their experiences, so we may understand how SMEs currently accommodate mental health concerns.
	SESSION 3	ColourSpectrums: Creating Colourful Career Conversations
	Hercules/Lancaster	Rob Chubb, ColourSpectrums
		Sort ColourSpectrums cards to reveal your personality as a unique combination of BLUE emotional intelligence, GREEN intellectual intelligence, RED physical intelligence and YELLOW organizational intelligence. Yup! You are more intelligent than you "think." So are your clients. Dynamic discussions and activities deliver humour (ha-ha! learning) and insights (ah-aha! learning) that reveal how the vivid language of colours empowers career development, human resources, communication skills, team building, self esteem and business leadership.
	SESSION 4	Perspectives on Supported Employment: Finding and Maintaining Employment for Individuals Experiencing Disability
	Viscount/Vanguard	TBA
		The journey from job seeker to employee can be a challenging one, particularly for individuals experiencing disability. Job seekers with disabilities can often experience a myriad of challenges and difficulties in the search for employment that suits their skills, interests and abilities. In this session, attendees will hear from an employer, a supported employment agency and an individual experiencing disability who has used a supported employment service to find and maintain employment. In this panel presentation, attendees will learn about how supported employment agencies work with both job seekers and employers, and will learn from the employer how career counsellors can best work with job seekers to secure employment. The employee will share her experience as she has navigated the challenges faced in finding employment. Attendees will leave with suggestions, tips and ideas from three perspectives: that of the job seeker, that of the employer and that of the supported employment agency.

2:15 - 2:45	NUTRITION BREAK	
2:45 - 4:00	SESSION 1	Using Metaphors for Exploration, Extension and Engagement
	Delta	Norm Amundson
		Metaphors are an important part of storytelling and serve to provide both understanding and direction. In this presentation Dr. Amundson will be demonstrating a method for working with metaphors in counselling. Once a metaphor has been identified there is a need to explore details using curiosity and active listening strategies. To push beyond the metaphor you need to extend the image in terms of time frame and direction. This extension can involve dynamic active engagement counselling strategies that help to reframe perspective and suggest alternative pathways. This metaphoric counselling approach is useful when working with adolescents and adults.
	SESSION 2	Promising Practices: Essential Skills Programs for Indigenous Learners
	Concorde	Donnalee Bell, The Canadian Career Development Foundation
		The First Nations, Inuit and Métis Essential Skills Inventory Project (FIMESIP) began profiling innovative Literacy and Essential Skills (LES) programming in Canada in 2013. Through extensive case study research, FIMESIP has delineated 12 Markers of Promising Practice. This presentation will review these markers, report on the inventory's update, talk about the expansion of the Community of Practice and profile the development of a self-assessment tool to help LES practitioners integrate the markers in their programs.
	SESSION 3	Learning Through Reflection – Using e-Portfolios to engage students with inquiry-based learning, career education, and post-graduation planning
	Hercules/Lancaster	Daphnee Morin, myBlueprint
		Daphnee Morin is the Bilingual Partner Success Manager at myBlueprint. She completed her Master's of Arts in Sport Psychology and her Bachelor of Education in French as a Second language at McGill University. Passionate about impactful technology and its use in education, her role at myBlueprint is centered around supporting teachers and counsellors with career and education planning, and empowering students to make the most informed decisions about their futures by combining new intelligent technologies with inquiry-based learning. The myBlueprint team now support student success in close partnership with 100+ Districts with a reach of nearly 1
	SESSION 4	Careers Across Saskatchewan
	Viscount/Vanguard	Industry Roundtable
		Participants will have an opportunity to connect with industry associations and organizations to learn about career opportunities and employment outlook information from a number of sectors. This "speed dating" format will allow you to rotate through each sector during the session.



TENTATIVE AGENDA

Wednesday April 10, 2019		
7:30 - 8:30	REGISTRATION AND NETWORKING BREAKFAST	
08:30 - 08:45	WELCOME	
08:45 - 10:00	KEYNOTE ADDRESS	Addressing the Quiet Crisis: Preparing Canada's Youth for the Future World of Work Kim Ulmer, RBC Regional President
		In an era of unprecedented change with the latest advancements in AI and automation transforming the way we work, the need for a mobile, skilled workforce, constantly learning, training, and upgrading has never been greater. The Quiet Crisis is upon us affecting Canadian youth coast to coast. Find out the importance of a skills economy, what we all need to know about the future world of work, how young Canadians can thrive in the age of disruption...and why RBC is deeply passionate about this topic.
10:00 - 10:30	NUTRITION BREAK	
10:30 - 11:45	SESSION 1	Finding One's Soul in Work and in Retirement
	Delta	Spencer Niles & Norm Amundson
		This session will build on some of the themes from the keynote address and will expand the focus to include both work and retirement. In this session we will be introducing some self-development exercises. These exercises have broad application and can be used for self reflection and also to guide exploration with some clients. The intent of this workshop will be to foster authenticity in the choices we make relative to our work lives across the lifespan.
	SESSION 2	Many Voices, One World: Developing Intercultural Competence with Indigenous and Newcomer Youth
	Concorde	Marc Kuly, University of Winnipeg
		This presentation will explore the dynamics of working within and across Indigenous and newcomer communities. It is based on fifteen years of work within Winnipeg's inner city schools and five years of research on preparing teachers to work within them. It will blend theoretical with practical knowledge to engage participants in looking at the necessary personal and professional steps required to welcome the positive and transformative potential of diversity.
	SESSION 3	Notice, Manage, Plan, Connect: Developing Resilience as a Job Seeker
	Hercules/Lancaster	Bridget Scott, Partners in Employment, SaskAbilities
		This workshop provides an overview of the Resilience program offered by Partners in Employment. The information may be helpful for anyone working with clients who are vulnerable, new to local employment or experiencing barriers to employment. It will include audience interaction as well as tools and takeaway resources that will enhance your skills as a career practitioner. Resilient people feel more equipped to face life's difficulties in ways that foster their strength and growth. The skills needed to cope and work through challenges can be learned. Resilience can be built with awareness and practice.
	SESSION 4	Relevance Magazine Stories and Profiles
	Viscount/Vanguard	TBA
		Relevance Magazine, a Saskatchewan publication, has been produced for the past 13 years. Hear from people profiled in the 2019 magazine to learn about their career pathway and lessons learned. The Relevance team will share their facilitator guide.
11:45 - 1:00	LUNCH	

1:00 - 2:15	SESSION 1	Indian Residential School Trauma Informed Practice in the Workplace
	Delta	Brenda Reynolds
		Understanding how to work with historical trauma and how to minimize vicarious trauma was imperative in the training of health support workers during the Indian Residential School Settlement Agreement process. Brenda will present her experience developing and implementing an Alberta pilot project for health support workers which was eventually used across Canada. The collaborative team model focussed on emotional safety for both the workers and the people that were provided support. Brenda's depth of knowledge on historical trauma applied in many different contexts will be a valuable opportunity for all practitioners.
	SESSION 2	
	Concorde	Donnalee Bell, The Canadian Career Development Foundation
		Canadian Standards & Guidelines celebrated their 20th anniversary and, despite valiant volunteer efforts, needed a significant update to: <ul style="list-style-type: none"> • reflect the evolving nature of our work • be inclusive of the diversity of career development practitioners • underpin targeted training/professional development • promote clarity of role and scope of practice • promote awareness and professional recognition Since 2004, volunteers have been working to revitalize the S&Gs. The Supporting Canadians to Navigate Learning and Work project will provide resources for stakeholders to collaborate in bringing the standards to current day and beyond.
	SESSION 3	Labour Market Information 101
	Hercules/Lancaster	Steven Tobin, Labour Market Information Council & Tanveer Islam , Ministry of Immigration & Career Training
		The session will focus on Labour Market Information (LMI) - what it is, what it isn't, where you get it (sources), how can you use it and what it tells us about Saskatchewan's labour market: <ul style="list-style-type: none"> - in comparison to other provinces; - by demographics (who makes up our workforce); - by industries (which ones will have strong growth and which will not); - by key occupations (which ones will be in demand). As well as a focus on global and Canadian trends.
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2:15 - 2:45	NUTRITION BREAK	
2:45 - 4:00	KEYNOTE ADDRESS	Correcting the Narrative
	Galaxy A-B	Susan Aglukark
		We have all been told one story, Susan believed her immediate ancestors were a helpless wandering lot and so she lived as if institutions had been her savior. With the implications of what this type of relationship might be, the most emotionally pervasive dependency on institutions and its' systems, NOMAD tells her story of unraveling this dependency and re-investing in the true stories of her ancestors in order to fundamentally change the relationship and participation in our northern communities and (re) writing that narrative.
4:00-4:30		Closing Remarks, Evaluation & Door Prizes